

## ***Family Interviews***

**Questions due online: Wednesday, December 7<sup>th</sup> by 3:30pm**

**Interview Paper due online: Friday, December 9<sup>th</sup> by 5pm**

Find a time when one of your immediate care-givers (the one you usually communicate with the LEAST, verbally) can sit down and be “interviewed” about your family. Your task is to ask the questions and make sure that you understand your caregiver’s answers. Take notes on another sheet of paper. Your body language should exemplify the most effective postures of involvement and physical response throughout the conversation. Try to delay your own responses or reactions until your caregiver has had his/her say. Use your listening skills- try to genuinely understand how the person you are interviewing thinks and feels through his/her words and body language.

Wellness Homework Assignment Number One:

- Take notes as your caregiver speaks. You will submit these notes via Google Documents. Fill out the online form with your notes and **SUBMIT BY WEDNESDAY, DECEMBER 7<sup>th</sup>**.  
<http://tinyurl.com/ParentInterview11>
- Answer the following questions in a one page, double spaced report, Arial font 12:
  - a. What surprised you about any of your parent’s answers?
  - b. What did you discover about him/her?
  - c. What, if anything, did you discover about yourself?
- Your report will also be submitted electronically via email. Please submit reports to [dfegley@wilmingtonfriends.org](mailto:dfegley@wilmingtonfriends.org) by FRIDAY DECEMBER 9<sup>th</sup> at 5pm. *All reports received after this time will be considered late.*
- You will receive a confirmation email by Friday, Dec 9<sup>th</sup> at 8pm notifying you that your report has been received and I was able to open your document.

The following questions are for your Interview  
(Also available on Google Docs):

1. How is our family different from the family you were raised in?
2. What are the most important things that you gained from your family?
3. What was the hardest thing for you to learn when you were growing up?
4. What was your relationship with your parents like when you were my age?
5. How was your family upbringing different from Mom's/Dad's?
6. When you first became a parent, what was the most difficult thing to adjust to? What else was going on in your life at the time?
7. Describe how it was the day I entered your life.
8. What was I like as a little baby?
9. What characteristics of yourself and Mom/Dad do you see in me?
10. What are the most important things that you have tried to teach me?
11. What has been the hardest part of parenting me?
12. What has been the most rewarding part of parenting me?
13. What is the hardest part of seeing me grow up?
14. What are you most looking forward to when I am an adult?
15. What issues do you think our family has the hardest time talking about or handling effectively?
16. What do you think makes our family unique?